



pharmacist has told you. Check with your doctor or pharmacist if you are not sure. This syrup is for oral use only.

**i Do not use more than the stated dose shown.**

Age	Dose
Adults and adolescents of 12 years and over	Take 10 ml (two 5 ml spoonfuls) four times a day
Children under 12 years	Do not give
Patients with liver or kidney problems	Speak to a doctor or pharmacist
■ Do NOT take more than 4 doses (40 ml) in 24 hours.	
■ Contact a doctor if your symptoms worsen or do not improve within one week	

**If you take more Benylin Mucus Cough Honey & Lemon 100mg/5ml Syrup than you should**

If anyone has too much, contact a doctor or your nearest Accident and Emergency Department taking this leaflet and pack with you.

If you take too much of this medicine you may develop kidney stones. Symptoms may include: Upset stomach, nausea and drowsiness.

**If you forget to take Benylin Mucus Cough Honey & Lemon 100mg/5ml Syrup**

You should only take this medicine as required following the dosage instructions carefully. If you forget to take a dose, take the next dose when needed. Do not take a double dose to make up for the forgotten dose. Do not take more than 4 doses (40 ml) in 24 hours.

**4 Possible side effects**

Like all medicines, Benylin Mucus Cough Honey & Lemon 100mg/5ml Syrup can cause side effects, although not everybody gets them.

**If you experience any of the following stop using Benylin Mucus Cough Honey & Lemon 100mg/5ml Syrup and seek medical help immediately:**

Allergic reactions including skin rashes (which may be severe and include blistering and peeling of the skin) and itching.

Difficulty in breathing, swelling of the face, neck, tongue or throat (anaphylactic reaction).

**Other adverse reactions (or side effects) that may occur include (frequency not known):**

- Stomach pain
- Nausea
- Vomiting
- Diarrhoea
- Upset stomach

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via: HPRA Pharmacovigilance, Website: [www.hpra.ie](http://www.hpra.ie) By reporting side effects you can help provide more information on the safety of this medicine.

**5 How to store Benylin Mucus Cough Honey & Lemon 100mg/5ml Syrup**

Keep the product out of the sight and reach of children

Store in the original bottle in order to protect from light.

Do not use if bottle seal is broken when purchased.

Do not use this product after the expiry date which is stated on the bottle and outer carton.

The expiry date is the last day in the month indicated. Use within 6 months of opening.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

**6 Contents of the pack and other information**

**What Benylin Mucus Cough Honey & Lemon 100mg/5ml Syrup contains:**

**The active substance is:** Guaifenesin. This product contains 100 mg guaifenesin in each 5 ml.

**The other ingredients are:** Sodium citrate, citric acid monohydrate, carbomer, glycerol, ethanol, glucose, sucrose, sucralose, sodium

benzoate (E211), caramel (E150), flavours: honey, lemon, cooling, levomenthol, tingling, hot mix, enhancer and bitterness blocker and water. (For further information on some of the ingredients see Section 2).

**What Benylin Mucus Cough Honey & Lemon 100mg/5ml Syrup looks like and contents of the pack**

Benylin Mucus Cough Honey & Lemon 100mg/5ml Syrup is a yellow brown coloured syrup for oral use only.

It is available in a 150 ml brown glass bottle fitted with a plastic child resistant cap.

Please retain the carton.

**Marketing authorisation holder:**

JNTL Consumer Health I (Ireland) Ltd, Block 5, High Street, Tallaght, Dublin 24, Ireland.

**Manufacturer:** Delpharm Orleans, 5 avenue de Concy, Orleans Cedex 2, 45071, France. and Johnson & Johnson Consumer NV/SA, Michel De Braeystraat 52, 2000 Antwerpen, Belgium

**This medicine is authorised in the member states of the European Economic Area and in the United Kingdom (Northern Ireland) under the following names:**

MS	Name
Belgium	Bronchosedal Mucus Honing & Citroen 100mg/5ml siroop
Cyprus	Benylin Mucus Cough Honey & Lemon Flavour 100mg/5ml
Greece	Hexacough Warm Honey and Lemon
Luxembourg	Bronchosedal Mucus Miel & Citron 100mg/5ml sirop
Sweden	Nipenesin 100mg/5ml sirap
United Kingdom (Northern Ireland)	Benylin Mucus Cough Honey & Lemon Flavour 100 mg/5 ml Syrup
Denmark	Benysine

**This package leaflet was last revised in April 2024**

LN527801